UW Medicine UW SCHOOL OF MEDICINE

2nd Interstitial Lung Disease Summit for Primary Care 2025



Saturday November 8, 2025

Orin Smith Auditorium 850 Republican Street Seattle, WA 98109

Sponsored by UW School of Medicine
Division of Pulmonary, Critical Care, and Sleep Medicine
Center for Interstitial Lung Disease
Office of Continuing Medical Education

TARGET AUDIENCE

This summit is specifically tailored for providers engaged in primary care. This includes primary care and family medicine providers, internists, allied health professionals, and trainees. Patients, family members, and caretakers are also invited to attend this program.

COURSE DESCRIPTION

This program will discuss an approach to interstitial lung disease for primary care providers: when to suspect interstitial lung disease, the diagnostic evaluation, referral to specialists and initial management.

Interstitial lung diseases (ILD) are a heterogeneous, complex group of non-infectious acute and chronic, lung diseases that may be primary or secondary to systemic diseases, over 200 causes/conditions including autoimmune, genetic, environmental factors, medications prescribed other health problems are associated with interstitial lung disease. Interstitial pneumonia of unknown cause is termed idiopathic interstitial pneumonia that includes idiopathic pulmonary fibrosis (IPF). The prognosis of IPF is often poor; median survival is 3-5 years from time of diagnosis. Delays in diagnosis are common and associated with worse survival.

COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Incorporate interstitial lung disease (ILD) and pulmonary fibrosis into the differential diagnosis when seeing a patient with persistent shortness of breath and/or cough.
- Recognize and interpret the testing involved in early evaluation for ILD.
- Identify the roles of the general practitioner in the management of patients with ILD.
- Demonstrate an increased awareness and knowledge of ILD and pulmonary fibrosis.

ATTENDANCE POLICY

Course activities are exclusively reserved for course attendees. This course will only be offered in-person.

FEES AND REGISTRATION

To enroll, please register online at <u>uwcme.org</u>.

Continuing Medical Education at the University of Washington is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. The course fees are estimated to cover transcripts of *AMA PRA Category 1 Credits™*, access to online instruction materials, course logistics, food and beverage during the reception, faculty planning, travel, honoraria, and staff salaries.

If you have not received confirmation prior to the course start, please contact the CME office at cme@uw.edu. Continuing Medical Education will not be responsible for expenses incurred by any individual.

Registration	In-Person
MD/DO/PhD/ND	\$50.00
Allied Health Professionals	\$25.00
UW Physician	Free
UW Allied Health Professionals	Free
*Resident/Fellow/Student	Free
ILD Patient/Family/Friends	Free

*Resident/Fellow/Student rate requires written confirmation of current Resident/Fellow/Student status. Failure to provide current documentation will result in a higher rate applied to your registration



ACCREDITATION

Accreditation with Commendation: The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation: The University of Washington School of Medicine designates this Live activity for a maximum of 5.75 AMA PRA Category 1 CreditsTM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PRESENTATIONS AND COURSE MATERIALS

Instruction materials will be available online for registrants to print and/or download at uwcme.org (for conference registrants only) starting on October 27, 2025. A printed syllabus with the conference agenda and pages for note-taking will be uploaded with course materials.

CANCELLATION POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by October 24, 2025. For refund requests received by this date, a processing fee of \$15 will be deducted for MD/DO/PhD/ND and \$10 for Allied Health Professionals. No refunds will be issued after October 24, 2025. The Office of Continuing Medical Education reserves the right to cancel this course twenty (20) days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified through email and receive a full refund. The University of Washington is not responsible for any other costs incurred such as non-refundable airline tickets or hotel penalties. Contact the CME Office with questions call 206.543.1050, fax 206.221.4525 or email cme@uw.edu.

DIETARY REQUESTS

UW CME takes into consideration diverse nutritional preferences and restrictions when planning our complimentary menu. However, those individuals who might find that our menu is not completely aligned to their specific nutritional needs are welcome to bring their own food items.

If you have dietary restrictions (e.g., vegan, gluten-free, etc.), send an email to cme@uw.edu by October 24, 2025.

SPECIAL SERVICES

The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, gender identity, sexual orientation, age, marital status, disability, or status as a protected veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education, and employment for individuals with disabilities. To request disability accommodation in the application process, contact the department at 206.543.1050 or the Disability Services Office at least ten days in advance.

Disability Services Office 206.543.6450/Voice • 206.543.6452/TTY 206.685.7264/Fax • e-mail: dso@uw.edu

The following hotels are located near the conference site. To make reservations, please contact the hotels directly.

Astra Hotel A Tribute Hotel 300 Terry Ave N Seattle, WA 98109 206.693.6000	Courtyard by Marriott 925 Westlake Ave N Seattle, WA 98109 206.213.0100	EVEN Hotel 527 Fairview Ave N Seattle, WA 98109 206.596.2302	Fairfield Inn & Suites 226 7th Ave N Seattle, WA 98109 206.443.2012
<u> Hyatt House</u>	MOXY Seattle Downtown	Residence Inn	Staybridge Suites
201 Fifth Ave N	1016 Republican Street	800 Fairview Ave N	1119 Mercer Street
Seattle, WA 98109 206.727.1234	Seattle, WA 98109 206.708.8200	Seattle, WA 98109 206.624.6000	Seattle, WA 98109 877.238.8889

Course Faculty

Course Co-Chairs

Ganesh Raghu, MD, FACP, FCCP

Professor

Division of Pulmonary, Critical Care, and Sleep

Medicine

Adjunct Professor, Department of Laboratory

Medicine and Pathology

Director, Center for Interstitial Lung Disease (ILD)

Director, ILD/Sarcoid/Pulmonary Fibrosis Program

Co-Director, Scleroderma Clinic

Bridget Collins, MD

Associate Professor

Division of Pulmonary, Critical Care, and Sleep

Medicine

Center for ILD

Guest Faculty

Martin R. Kolb, MD

Professor

Medicine, Faculty of Health Sciences Physician, Interstitial Lung Disease Clinic

McMaster University

Hamilton, Ontario, Canada

UW Faculty

Anshu Bandhlish, MBBS, MD

Assistant Professor

Director, Cardiovascular and Pulmonary Pathology

Fellowship Program

Director, Head, Neck, and Lung Pathology Service

Beth Brown, PT, PhD

Associate Profession

Division of Physical Therapy

John Goodman, MD

Fellow, Pulmonary and Critical Care Fellowship Division of Pulmonary, Critical Care, and Sleep

Medicine

Center for ILD

Sarah Holton, MD, PhD

Acting Instructor

Division of Pulmonary, Critical Care, and Sleep

Medicine

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Chi Hung, MD

Associate Professor

Division of Pulmonary, Critical Care, and Sleep

Medicine

Center for ILD

Suha Kadura, MD

Clinical Assistant Professor

Department of Medicine

Division of Pulmonary, Critical Care, and Sleep

Medicine

Center for ILD

Rayan Najjar, MD, MPH

Assistant Professor

Division of Rheumatology

Co-Director of Neurology-Rheumatology Clinic

Center for ILD

Sudhakar Pipavath, MD

Professor

Department of Radiology

Director of Pulmonary Imaging

Center for ILD

Coralynn Sack, MD, MPH

Assistant Professor

Department of Medicine, Division of General Internal

Medicine

Assistant Professor, Department of Environmental and

Occupational Health Sciences

Center for ILD

Clifford Sung, MD, MA

Assistant Professor of Clinical Practice

Division of Pulmonary, Critical Care, and Sleep Medicine

Juliet Torres, MS, CGC

Genetics Counselor

Division of Pulmonary, Critical Care, and Sleep Medicine

Center for ILD

Saturday, November 8, 2025

8:30	Registration and Continental Breakfast
9:00	Welcome and Introduction Ganesh Raghu, MD, FACP, FCCP
9:10	Overview of Interstitial Lung Disease (ILD) Suha Kadura, MD
9:30	Chest Radiology Sudhakar Pipavath, MD
9:50	Connective Tissue Disease Associated Interstitial Lung Disease (ILD) Rayan Najjar, MD, MPH
10:10	Pulmonary Hypertension ILD Bridget Collins, MD
10:30	BREAK
10:40	Acute Exacerbations in ILD Chi Hung, MD
11:00	Environmental Factors at Work, Home, and in the Atmosphere Associated with ILD Coralynn Sack, MD, MPH
11:20	Home Exercise for People with ILD Beth Brown, PT, PhD
11:40	Multidisciplinary Discussion in ILD Sarah Holton, MD, PhD; John Goodman, MD & Anshu Bandhlish MBBS, MD
12:40	LUNCH (Provided)
1:15	Biology (Mouse to Human to Clinical Trials) Martin R. Kolb, MD
2:15	Genetics of ILD Juliet Torres, MS, CGC
2:45	Palliative Care in ILD Clifford Sung, MD, MA
3:15	Wrap-up and Closing Comments Bridget Collins, MD & Ganesh Raghu, MD, FACP, FCCP
3:30	ADJOURN